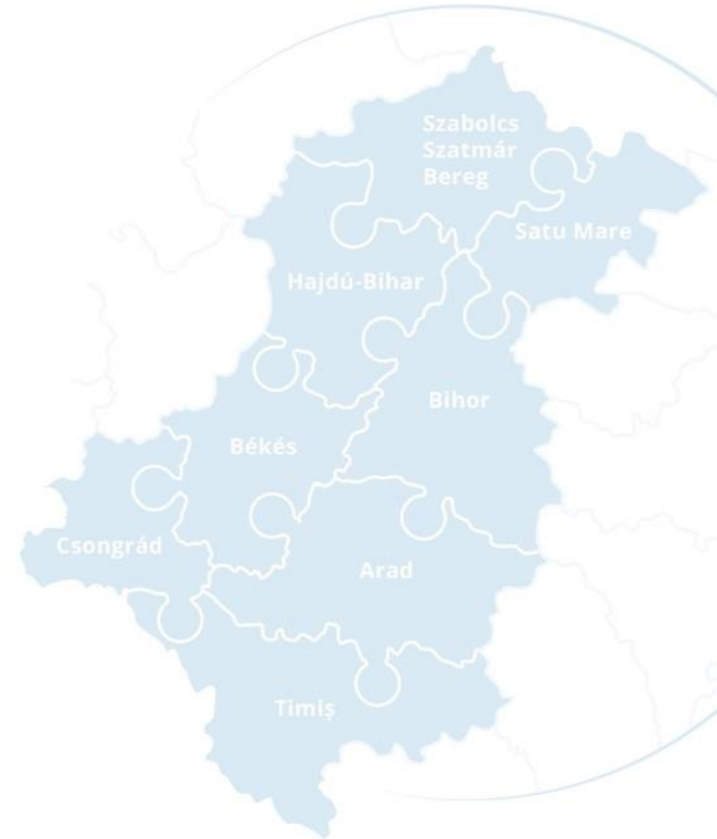


How To Be Eco-Friendly During Covid-19 Lockdown



1. Cut Down Energy Use At Home

- Simple things like switching off your computers when you're done with work, turning off appliances by turning off the switches means you're cutting down on your energy use while at home.





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- The weather gets warmer, air drying your clothes instead of using a dryer, and washing clothes on a shorter cycle can also help with reducing energy consumption.



2. Say No To Water Waste

- The Covid-19 pandemic means we're not only washing our hands more often, but we're also potentially taking longer showers. Aim to take more efficient showers so you reduce your water waste. Turn off the tap while scrubbing your hands, and only turn it back on when it's ready to be washed.



3. Give Your Car A Break If Possible



- With everything under lockdown, ditching your car, for now, might be an easily achievable eco-friendly goal.



- Where possible, walk to your grocery store instead of driving. You not only reduce your carbon footprint, but you also get a bit of light cardio in.



4. Nurture Your Green Thumb



- No matter the size of your house, you can turn your house into a make-shift wildlife sanctuary by growing your own garden. In small spaces, you can regrow store-bought vegetables in water. If you have a bigger home, you can turn your balcony or windowsill into a mini-garden.



6. Organise A “Not So Fast” Fashion Show

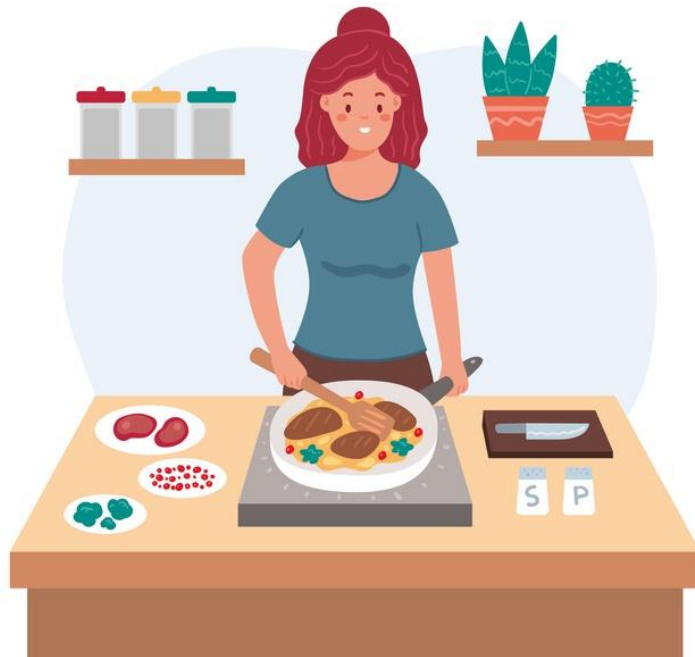
- To be truly eco-friendly during Covid-19, don't panic buy clothes you don't currently need. Instead, ditch fast fashion, and clean out your closet. Organise a fashion show with your family that could even be extended into a virtual event with your friends.



- Challenge yourself to fall in love with your clothes again. Be your own fashion show director and find unique ways to style clothes you already own.



7. Become A Master Chef

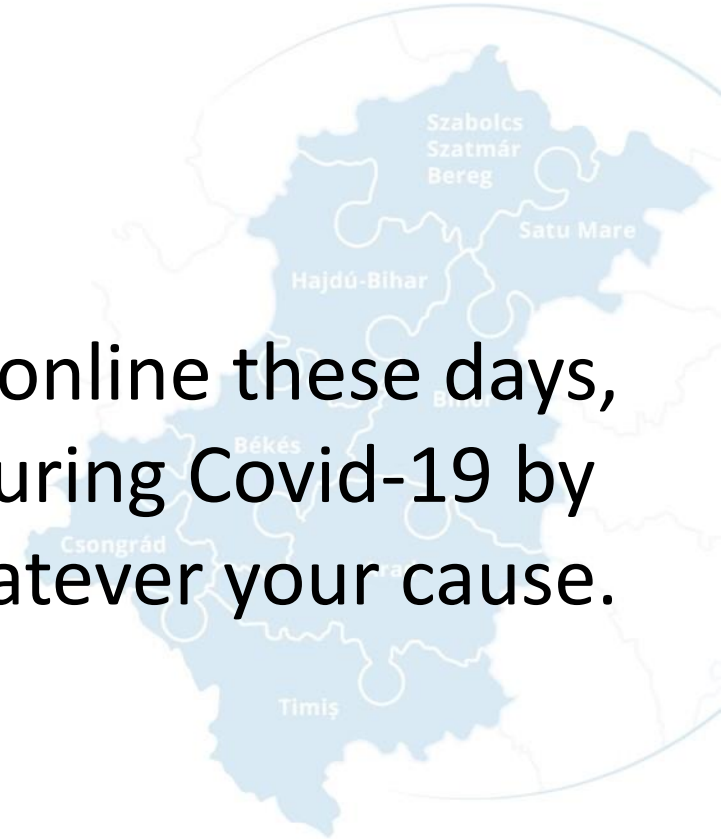


- Now's a chance for you cut-out on food waste and get creative with what's in the cupboards.



8. Take Up Online Activism

- Thanks to everything moving online these days, you can still be eco-friendly during Covid-19 by taking up online activism, whatever your cause.



- Whether it is to cut out single-use plastic, saving rainforests, protecting endangered wildlife, or even cutting out your carbon emissions, virtual gatherings are the right place for you to show your love for our planet Earth.



Save The Planet





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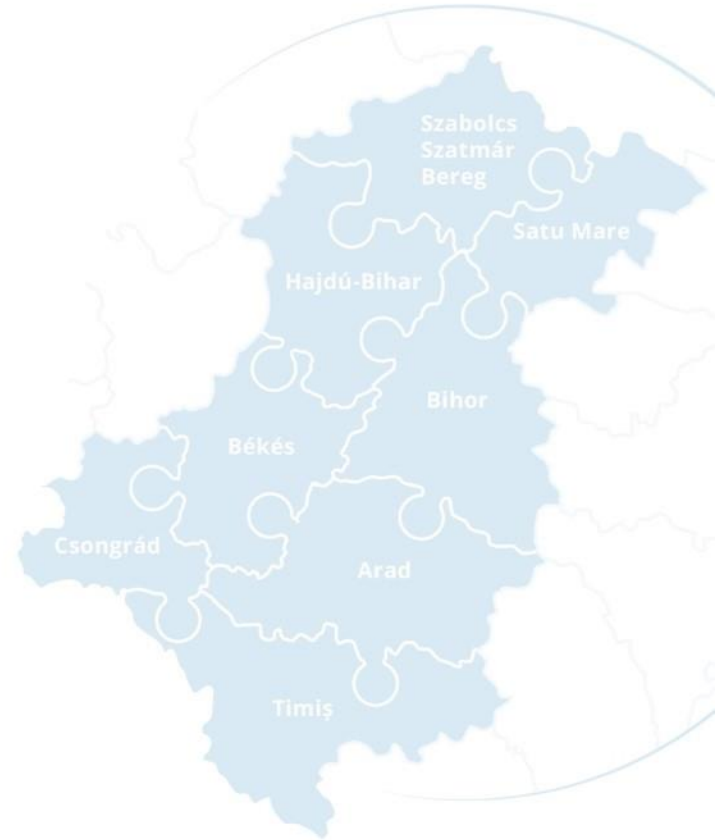
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Stay safe!

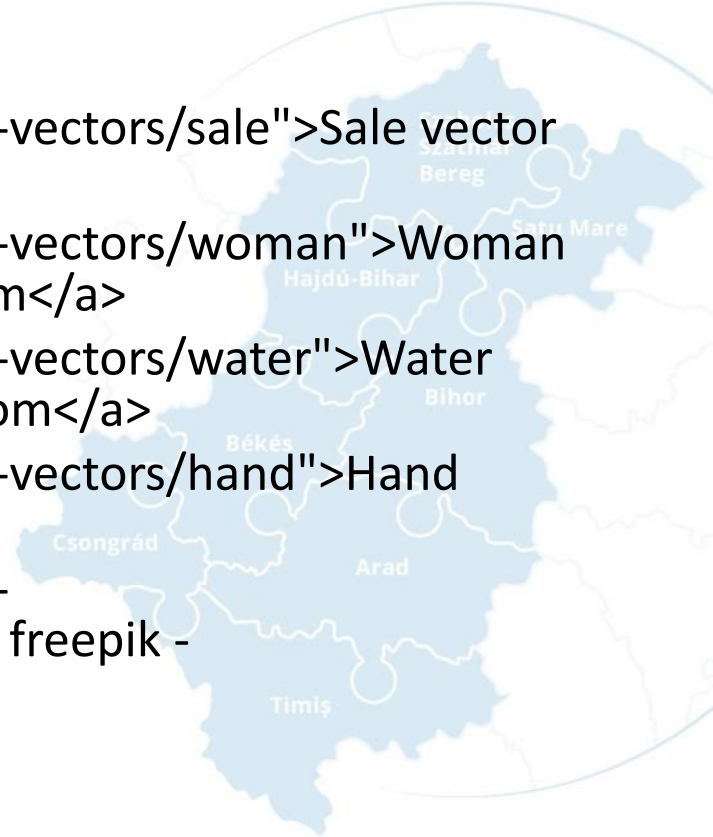


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